

AMERICAN MARTIAL ARTS ACADEMY

TESTING FORM: 10TH GUP WHITE BELT TO 9TH GUP YELLOW BELT

PD _____
CK # _____
Cash _____

Student's Name: _____

TESTING FEE: \$ 20.00

Date: _____

BELT SIZE: _____

Instructor: _____

Current Rank: _____

TECHNIQUE	SCORE	COMMENTS
BLOCKS		
1) LOW BLOCK	0 1 2 3 4	
2) HIGH BLOCK	0 1 2 3 4	
STRIKES		
3) FRONT PUNCH	0 1 2 3 4	
4) REVERSE PUNCH	0 1 2 3 4	
5) SUDO HAND STRIKE	0 1 2 3 4	
6) ELBOW UP STRIKE	0 1 2 3 4	
KICKS		
7) FRONT KICK	0 1 2 3 4	
8) ROUNDHOUSE KICK	0 1 2 3 4	
9) SIDE KICK	0 1 2 3 4	
STANCE		
10) FRONT WALKING STANCE	0 1 2 3 4	
11) HORSERIDE STANCE (turning in walking stance)	0 1 2 3 4	
FORM		
12) KEE CHO HYUNG IL BOO	0 1 2 3 4	
SELF DEFENSE		
13) SELF DEFENSE -WRIST GRABS 1,2,3	0 1 2 3 4	
TERMINOLOGY		
14) -UNIFORM (Do Bok) -BELT (Dee) -TRAINING HALL (Do Jang) -INSTRUCTOR (Kyo Sa Nim)	0 1 2 3 4	
OTHER		
15) BELT TYING	0 1 2 3 4	

JUDGE NAME: _____ JUDGE INITIALS: _____

RANK EARNED: _____ COMMENTS: _____

CIRCLE RANK EARNED:

10-P (10TH GUP PERMANENT)

9-T (9TH GUP TEMPORARY)

9-P (9TH GUP PERMANENT))