

AMERICAN MARTIAL ARTS ACADEMY

TESTING FORM 1ST GUP TEMPORARY TO 1ST GUP PERMANENT

Student's Name: _____

TESTING FEE: \$ 30.00

Date: _____

BELT SIZE: _____

Instructor: _____

Current Rank: _____

PD _____
CK # _____
Cash _____

TECHNIQUE	SCORE	COMMENTS
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At this level of testing a student should be able to do anything the instructor asks.

BLOCKS		
1) WEDGE BLOCK +instructors choice	0 1 2 3 4	
STRIKES		
2) DOUBLE PUNCH	0 1 2 3 4	
3) DOUBLE SUDO HAND TO NECK	0 1 2 3 4	
KICKS		
4) REVERSE HOOK/ROUNDHOUSE	0 1 2 3 4	
5) JUMP REVERSE CRESCENT KICK	0 1 2 3 4	
6) JUMP REVERSE HOOK KICK	0 1 2 3 4	
7) HURRICANE KICK +instructors choice	0 1 2 3 4	
FORM		
8) PYUNG AHN OH DAN HYUNG or Any two other forms	0 1 2 3 4	
9) BASSAI	0 1 2 3 4	
SELF DEFENSE		
10) ONE STEPS TAKEDOWNS & ADVANCED TECHNIQUES	0 1 2 3 4	
11) LAPEL GRABS	0 1 2 3 4	
12) DEFEND WITH EYES CLOSED	0 1 2 3 4	
OTHER		
13) Sparring-TWO OPPONENTS	0 1 2 3 4	
BREAKING		
14) Hand -Palm Foot- Round or sidekick Must use both legs	0 1 2 3 4	

JUDGE NAME: _____	JUDGE INITIALS: _____
RANK EARNED: _____	COMMENTS: _____
CIRCLE RANK EARNED:	
NO CHANGE IN RANK	1-P (1 ST GUP PERMANENT)