

# AMERICAN MARTIAL ARTS ACADEMY

TESTING FORM: 10<sup>TH</sup> GUP WHITE BELT TO 9<sup>TH</sup> GUP YELLOW BELT

PD _____
CK # _____
Cash _____

Student's Name: \_\_\_\_\_

TESTING FEE: \$ 20.00

Date: \_\_\_\_\_

BELT SIZE: \_\_\_\_\_

Instructor: \_\_\_\_\_

Current Rank: \_\_\_\_\_

TECHNIQUE	SCORE	COMMENTS
<b>BLOCKS</b>		
1) LOW BLOCK	0 1 2 3 4	
2) HIGH BLOCK	0 1 2 3 4	
<b>STRIKES</b>		
3) FRONT PUNCH	0 1 2 3 4	
4) REVERSE PUNCH	0 1 2 3 4	
5) SUDO HAND STRIKE	0 1 2 3 4	
6) ELBOW UP STRIKE	0 1 2 3 4	
<b>KICKS</b>		
7) FRONT KICK	0 1 2 3 4	
8) ROUNDHOUSE KICK	0 1 2 3 4	
9) SIDE KICK	0 1 2 3 4	
<b>STANCE</b>		
10) FRONT WALKING STANCE	0 1 2 3 4	
11) HORSERIDE STANCE (turning in walking stance) Ready stance	0 1 2 3 4 0 1 2 3 4	
<b>FORM</b>		
12) KEE CHO HYUNG IL BOO	0 1 2 3 4	
<b>SELF DEFENSE</b>		
13) SELF DEFENSE -WRIST GRABS 1	0 1 2 3 4	
WRIST GRABS 2	0 1 2 3 4	
WRIST GRABS 3	0 1 2 3 4	
<b>TERMINOLOGY</b>		
14) -UNIFORM (Do Bok) -BELT (Dee) -TRAINING HALL (Do Jang) -INSTRUCTOR: (Kyo Soh Nim) MASTER: (Sa Bom Nim) -Count 1-10 in Korean	0 1 2 3 4	
<b>OTHER</b>		
15) BELT TYING	0 1 2 3 4	

JUDGE NAME: \_\_\_\_\_ JUDGE INITIALS: \_\_\_\_\_

RANK EARNED: \_\_\_\_\_ COMMENTS: \_\_\_\_\_

**CIRCLE RANK EARNED:**

10-P (10<sup>TH</sup> GUP PERMANENT)

9-T (9<sup>TH</sup> GUP TEMPORARY)

9-P (9<sup>TH</sup> GUP PERMANENT))