

# AMERICAN MARTIAL ARTS ACADEMY

TESTING FORM: 3<sup>RD</sup> GUP RED BELT TO 2<sup>ND</sup> GUP RED BELT W/ 1 WHITE STRIPE

Student's Name: \_\_\_\_\_

TESTING FEE: \$ 30.00

Date: \_\_\_\_\_

BELT SIZE: \_\_\_\_\_

Instructor: \_\_\_\_\_

Current Rank: \_\_\_\_\_

PD _____
CK # _____
Cash _____

TECHNIQUE	SCORE	COMMENTS
<b>BLOCKS</b>		
1) BLOCKING WITH TENSION	0 1 2 3 4	
2) WEDGE BLOCK	0 1 2 3 4	
In to out	0 1 2 3 4	
Out to in	0 1 2 3 4	
<b>STRIKES</b>		
3) DOUBLE FISTED PUNCH	0 1 2 3 4	
4) OPEN HAND THROAT STRIKE	0 1 2 3 4	
5) PLIER HAND STRIKE	0 1 2 3 4	
<b>KICKS</b>		
6) REVERSE HOOK/ROUND	0 1 2 3 4	
7) JUMP FRONT/REVERSE BACK	0 1 2 3 4	
<b>FORM</b>		
8) PYUNG AHN OH DAN HYUNG	0 1 2 3 4	
<b>SELF DEFENSE</b>		
9) KNIFE 1	0 1 2 3 4	
KNIFE 2	0 1 2 3 4	
10) GUN TO BACK	0 1 2 3 4	
GUN TO FACE	0 1 2 3 4	
<b>ONE STEPS</b>		
11) A) 10 ADVANCED TECHNIQUES	0 1 2 3 4	
B) 10 TAKE DOWNS	0 1 2 3 4	
<b>SPARRING</b>		
12) Defend against 2 attackers one behind the other	0 1 2 3 4	
<b>BREAKING</b>		
13) HAND-Hammer fist	0 1 2 3 4	
FOOT- 1 station Front or Round house kick	0 1 2 3 4	

JUDGE NAME: \_\_\_\_\_ JUDGE INITIALS: \_\_\_\_\_

RANK EARNED: \_\_\_\_\_ COMMENTS: \_\_\_\_\_

**CIRCLE RANK EARNED:**

3-P (3<sup>RD</sup> GUP PERMANENT)

2-T (2<sup>ND</sup> GUP TEMPORARY)

2-P (2<sup>ND</sup> GUP PERMANENT)