

# AMERICAN MARTIAL ARTS ACADEMY

TESTING FORM: 8<sup>TH</sup> GUP PURPLE BELT TO 7<sup>TH</sup> GUP ORANGE BELT

PD \_\_\_\_\_  
 CK # \_\_\_\_\_  
 Cash \_\_\_\_\_

Student's Name: \_\_\_\_\_

TESTING FEE: \$ 25.00

Date: \_\_\_\_\_

BELT SIZE: \_\_\_\_\_

Instructor: \_\_\_\_\_

Current Rank: \_\_\_\_\_

TECHNIQUE	SCORE	COMMENTS
<b>BLOCKS</b>		
1) OPEN HAND HIGH	0 1 2 3 4	
2) OPEN HAND LOW	0 1 2 3 4	
<b>STRIKES</b>		
3) ELBOW ACROSS	0 1 2 3 4	
4) ELBOW BACK SUPPORTED	0 1 2 3 4	
5) RIDGE HAND	0 1 2 3 4	
<b>KICKS</b>		
6) REVERSE BACK KICK	0 1 2 3 4	
7) HOOK KICK	0 1 2 3 4	
8) FRONT KICK/ROUNDHOUSE	0 1 2 3 4	
<b>STANCE</b>		
9) WALKING IN HORSE RIDE	0 1 2 3 4	
10) 4 DIRECTIONAL MOVEMENT	0 1 2 3 4	
<b>FORM</b>		
11) KEE CHO HYUNG SAM BOO	0 1 2 3 4	
<b>SELF DEFENSE</b>		
12) - BEAR HUG	0 1 2 3 4	
Front Hands Trapped 1. Attack face	0 1 2 3 4	
Back 1. lift	0 1 2 3 4	
<b>ONE STEPS</b>		
13) - OPEN HAND HIGH/ELBOW ACROSS FACE	0 1 2 3 4	
- IN TO OUT BLOCK/PALM STRIKE, to Face	0 1 2 3 4	
- OUT TO IN BLOCK/SPIN ELBOW BACK to HEAD	0 1 2 3 4	
<b>TERMINOLOGY</b>		
14) - ATTENTION: CHA RYUT - BOW: KYUNG YET	0 1 2 3 4	
- READY STANCE: JOON BEE JASSE		
<b>SPARRING</b>		
15) - BASIC HAND AND FOOT MOTIONS (control, aggressive, distance)	0 1 2 3 4	

JUDGE NAME: \_\_\_\_\_ JUDGE INITIALS: \_\_\_\_\_

RANK EARNED: \_\_\_\_\_ COMMENTS: \_\_\_\_\_

**CIRCLE RANK EARNED:**

8-P (8<sup>TH</sup> GUP PERMANENT)

7-T (7<sup>TH</sup> GUP TEMPORARY)

7-P (7<sup>TH</sup> GUP PERMANENT)