

# AMERICAN MARTIAL ARTS ACADEMY

TESTING FORM: 3<sup>RD</sup> GUP RED BELT TO 2<sup>ND</sup> GUP RED BELT W/ 1 WHITE STRIPE

Student's Name: \_\_\_\_\_

TESTING FEE: \$ 30.00

Date: \_\_\_\_\_

BELT SIZE: \_\_\_\_\_

Instructor: \_\_\_\_\_

Current Rank: \_\_\_\_\_

PD _____
CK # _____
Cash _____

TECHNIQUE	SCORE	COMMENTS
<b>BLOCKS</b>		
1) BLOCKING WITH TENSION	0 1 2 3 4	
2) WEDGE BLOCK (In to out/out to in)	0 1 2 3 4	
<b>STRIKES</b>		
3) DOUBLE FISTED PUNCH	0 1 2 3 4	
4) OPEN HAND THROAT STRIKE	0 1 2 3 4	
5) GROIN FOOT DEFENSE	0 1 2 3 4	
<b>KICKS</b>		
6) REVERSE HOOK/ROUND	0 1 2 3 4	
7) JUMP FRONT/REVERSE BACK	0 1 2 3 4	
<b>FORM</b>		
8) PYUNG AHN OH DAN HYUNG	0 1 2 3 4	
<b>SELF DEFENSE</b>		
9) KNIFE 1 & 2	0 1 2 3 4	
10) GUN TO BACK & FACE	0 1 2 3 4	
<b>ONE STEPS</b>		
11) A) 10 ADVANCED TECHNIQUES B) 10 TAKE DOWNS	0 1 2 3 4	
	0 1 2 3 4	
<b>SPARRING</b>		
12) Defend against 2 attackers	0 1 2 3 4	
<b>BREAKING</b>		
13) HAND-Hammer fist FOOT- 1 station Front or Round house kick	0 1 2 3 4	
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JUDGE NAME: _____	JUDGE INITIALS: _____
RANK EARNED: _____	COMMENTS: _____
<b>CIRCLE RANK EARNED:</b>	
3-P (3 <sup>RD</sup> GUP PERMANENT)	2-T (2 <sup>ND</sup> GUP TEMPORARY)
2-P(2 <sup>ND</sup> GUP PERMANENT)	