

# AMERICAN MARTIAL ARTS ACADEMY

PD	_____
CK#	_____
CASH	_____

5<sup>TH</sup> GUP GREEN BELT ONE WHITE STRIPE TO 4<sup>TH</sup> GUP GREEN BELT TWO WHITE STRIPES

STUDENT'S NAME: \_\_\_\_\_

TESTING FEE: \$ 25.00

DATE: \_\_\_\_\_

BELT SIZE: \_\_\_\_\_

INSTRUCTOR: \_\_\_\_\_

CURRENT RANK: \_\_\_\_\_

TECHNIQUE	SCORE	COMMENTS
1) BIRD BLOCK	0 1 2 3 4	_____
2) PALM HEEL BLOCK	0 1 2 3 4	_____
3) SIDE HAMMER FIST	0 1 2 3 4	_____
4) HOOK PUNCH	0 1 2 3 4	_____
5) UPPERCUT PUNCH	0 1 2 3 4	_____
6) REVERSE CRESCENT KICK	0 1 2 3 4	_____
7) REVERSE HOOK KICK	0 1 2 3 4	_____
8) LEAD LEG FROND ROUND SIDE	0 1 2 3 4	_____
9) CROSS FOOT STANCE	0 1 2 3 4	_____
10) PYUNG AHN SAM DAN	0 1 2 3 4	_____
11) SELF DEFENSE - FULL NELSON	0 1 2 3 4	_____
12) ONE STEPS – COMBINATIONS WITH RIGHT AND LEFT SIDE (10)	0 1 2 3 4	_____
13) SPARRING	0 1 2 3 4	_____
14) ARM & HIP THROW	0 1 2 3 4	_____

JUDGE NAME: _____	JUDGE INITIALS: _____
RANK EARNED: _____	COMMENTS: _____
CIRCLE RANK EARNED:	
5-P (5 <sup>TH</sup> GUP PERMANENT)	4-T (4 <sup>TH</sup> GUP TEMPORARY)
4-P (4 <sup>TH</sup> GUP PERMANENT)	