

AMERICAN MARTIAL ARTS ACADEMY

TESTING FORM: 6th GUP GREEN BELT TO 5TH GUP GREEN BELT W/ 1 WHITE STRIPE

Student's Name: _____

TESTING FEE: \$ 25.00

Date: _____

BELT SIZE: _____

Instructor: _____

Current Rank: _____

PD _____
CK # _____
Cash _____

TECHNIQUE	SCORE	COMMENTS
BLOCKS		
1) V-BLOCK UP	0 1 2 3 4	
2) V-BLOCK DOWN	0 1 2 3 4	
3) CLOSED DOUBLE HAND HIGH BLOCK	0 1 2 3 4	
STRIKES		
4) REVERSE ACTION	0 1 2 3 4	
5) FINGERTIP STRIKE	0 1 2 3 4	
KICKS		
6) JUMP AX KICK (In/out)	0 1 2 3 4	
7) JUMP FRONT/ROUND KICK	0 1 2 3 4	
FORM		
8) PYUNG AHN EE DAN HYUNG	0 1 2 3 4	
SELF DEFENSE/TAKEDOWNS		
9) -LEG TRAP	0 1 2 3 4	
- LEG SWEEP	0 1 2 3 4	
ONE STEPS		
10) Left middle sudo/palm strike to face, wrist bend #2 take down, three combos of your own design	0 1 2 3 4	
SPARRING		
11) -HANDS ONLY	0 1 2 3 4	
-FEET ONLY	0 1 2 3 4	

JUDGE NAME: _____	JUDGE INITIALS: _____
RANK EARNED: _____	COMMENTS: _____
CIRCLE RANK EARNED:	
6-P (6 TH GUP PERMANENT)	5-T (5 TH GUP TEMPORARY)
5-P (5 TH GUP PERMANENT)	