

AMERICAN MARTIAL ARTS ACADEMY

TESTING FORM: 8TH GUP PURPLE BELT TO 7TH GUP ORANGE BELT

PD _____
 CK # _____
 Cash _____

Student's Name: _____

TESTING FEE: \$ 25.00

Date: _____

BELT SIZE: _____

Instructor: _____

Current Rank: _____

| TECHNIQUE | SCORE | COMMENTS |
|--|-----------|----------|
| BLOCKS | | |
| 1) OPEN HAND HIGH | 0 1 2 3 4 | |
| 2) OPEN HAND LOW | 0 1 2 3 4 | |
| STRIKES | | |
| 3) ELBOW ACROSS | 0 1 2 3 4 | |
| 4) ELBOW BACK SUPPORTED | 0 1 2 3 4 | |
| 5) RIDGE HAND | 0 1 2 3 4 | |
| KICKS | | |
| 6) REVERSE BACK KICK | 0 1 2 3 4 | |
| 7) HOOK KICK | 0 1 2 3 4 | |
| 8) FRONT KICK/ROUNDHOUSE | 0 1 2 3 4 | |
| STANCE | | |
| 9) WALKING IN HORSE RIDE | 0 1 2 3 4 | |
| 10) 4 DIRECTIONAL MOVEMENT | 0 1 2 3 4 | |
| FORM | | |
| 11) KEE CHO HYUNG SAM BOO | 0 1 2 3 4 | |
| SELF DEFENSE | | |
| 12) - BEAR HUG Front/Back | 0 1 2 3 4 | |
| ONE STEPS | | |
| 13) - OPEN HAND HIGH/ELBOW ACROSS - IN TO OUT BLOCK/PALM STIRKE, - OUT TO IN BLOCK/SPIN ELBOW BACK | 0 1 2 3 4 | |
| TERMINOLOGY | | |
| 14) - ATTENTION: CHA RYUT - BOW: KYUNG YET - READY STANCE: JOON BEE | 0 1 2 3 4 | |
| SPARRING | | |
| 15) - BASIC HAND AND FOOT MOTIONS | 0 1 2 3 4 | |

JUDGE NAME: _____ JUDGE INITIALS: _____

RANK EARNED: _____ COMMENTS: _____

CIRCLE RANK EARNED:

8-P (8TH GUP PERMANENT)

7-T (7TH GUP TEMPORARY)

7-P (7TH GUP PERMANENT)