

AMERICAN MARTIAL ARTS ACADEMY

TESTING FORM: 9TH GUP YELLOW BELT TO 8TH GUP PURPLE BELT

PD _____
CK # _____
Cash _____

Student's Name: _____

TESTING FEE: \$ 20.00

Date: _____

BELT SIZE: _____

Instructor: _____

Current Rank: _____

TECHNIQUE	SCORE	COMMENTS
BLOCKS		
1) IN TO OUT BLOCK	0 1 2 3 4	
2) OUT TO IN BLOCK	0 1 2 3 4	
3) DOUBLE FISTED BLOCK	0 1 2 3 4	
STRIKES		
4) PALM STRIKE	0 1 2 3 4	
5) BACK FIST	0 1 2 3 4	
6) HAMMER FIST	0 1 2 3 4	
KICKS		
7) OUT TO IN, IN TO OUT CRESCENT KICK	0 1 2 3 4	
8) BACK KICK	0 1 2 3 4	
9) JUMP FRONT KICK	0 1 2 3 4	
STANCE		
10) BACKSET STANCE	0 1 2 3 4	
11) FIGHTING STANCE	0 1 2 3 4	
FORM		
12) KEE CHO HYUNG EE BOO	0 1 2 3 4	
SELF DEFENSE		
12) SELF DEFENSE -NECK GRAB 1, 2 -HEAD LOCK	0 1 2 3 4	
	0 1 2 3 4	
ONE STEPS		
13) ONE STEPS -HIGH BLOCK/REVERSE PUNCH --LOW BLOCK/REVERSE PUNCH - IN TO OUT BLOCK/REVERSE PUNCH	0 1 2 3 4	
TERMINOLOGY		
15) COUNTING 1-10 IN KOREAN	0 1 2 3 4	

JUDGE NAME: _____ JUDGE INITIALS: _____

RANK EARNED: _____ COMMENTS: _____

CIRCLE RANK EARNED:

9-P (9TH GUP PERMANENT)

8-T (8TH GUP TEMPORARY)

8-P (8TH GUP PERMANENT)