



Rules of the dojang

1. Safety of our students is the number one priority!
2. Always bow when entering and leaving the dojang.
3. Gum, candy, and other food are not allowed in the dojang area.
4. Shoes should not be worn in the training area (except martial arts training shoes).
5. Uniforms should be kept clean, neat, and orderly at all times. If desired, only a WHITE T-shirt may be worn under the dobok.
6. Jewelry must not be worn while training or testing (except wedding bands)
7. Respect others at all times. All martial artists, especially those of higher rank, should be addressed as 'sir' or 'maam'.
8. Class is scheduled to begin and end promptly at the announced times. Please be on time, prepared, and ready to go.